



## Dear Guest,

Welcome to the Hunguest Saliris Hotel in Egerszalók. It is our pleasure, to welcome you to our hotel and at the same time we would like to thank you for your trust in us for choosing our hotel for your stay.

We hope that our services will provide you and your family with a pleasant stay in our hotel. We believe you will return home with fond memories and a smile on your face. Discover our unique spa with 1900 m<sup>2</sup> of water surface, take part in one of our exciting sauna seances! Take a closer look at the natural spa, unique in Europe.

The Egerszalók salt mount, which is an easy walk from the Nostalgia Baths! Allow us to recommend the attractions of Egerszalók and Eger and the surrounding area and the wide range of activities!

Visit the famous Cave Dwellings of Egerszalók, the Hive Stones, the Saffron Garden and visit the famous treasures of Eger, nearby Dobó Square, the Minaret, the Basilica. Get on the road and visit Szilvásvár, Bélapátfalva, Sirok, Recsk or Parád!

If we can help you in any way, please do not hesitate to contact us.

Kind regards,  
**Attila Tapodi**  
Hotel manager

**Szobaszerviz**  
Room service

## Opening hours

Reception 0–24

Ruidera Restaurant 7.00 – 23.00

Travertino Bar

WED-THU 9.00 – 22.00 SUN-SUN 9.00 – 23.00

Kids' area – hotel 8.00 – 22.00

Game room 8.00 – 22.00

Fröccs terrace Open seasonally

Pancake house Open seasonally

Café Sa-Su 10.00 – 16.00

Spa and wellness pools 8.00 – 22.00

Exclusive sauna world 11.00–19.30

Fitness room 8.00 – 22.00

Kids' area – Spa 8.00 – 22.00

Spa restaurant

Su-Th 11.30 – 16.30 | Fr-Sa 11.30 – 17.30

Sauna bar

Mo-Fr 10.00 – 19.00 Sa-Su 11.00 – 19.00

Massage 10.00 – 18.00

## Wifi connection

Available in the hotel: connect to the Hunguest network. Password: Saliris

## General information

Check-in 15.00

Check-out 11.00

Early check-in Available between 10:00 and 14:00, with a charge of 25% of the room rate for the first night of the reservation.

Late check-out

10.00–12.00 free of charge

Available between 12:00 and 18:00, with a charge of 50% of the room rate on the day of departure. If the room is vacated after 18:00, the full room rate for the next night will be charged.

Our hotel provides early check-in and late check-out options depending on room availability. Please always confirm with the reception.

### **Parking is available on site**

- Free – unguarded – parking on the hotel premises
- near the entrance of the hotel, with camera surveillance – unguarded – limited number designated parking spaces available for an extra charge
- 85 parking spaces in a camera-secured garage for an extra charge.

### **Pets**

Pets are allowed only in the limited number of designated standard type rooms (7th floor parking, facing the parking lot), at an extra charge.

### **Arrival on Saturday**

On the weekends, Friday, and Saturday nights together – for a minimum of 2 nights are sold. Saturday departure day and Saturday arrival day are not available in our hotel.

### **Sauna World**

The Sauna World is available for an extra charge, which is a one-off (Sauna World can be used for an unlimited period of time free of charge for the following offers: ice, beer, honey, salt)

### **Loyalty programme**

If you become the owner of an Individual Loyalty Card of HUNGUEST HOTELS, upon direct booking at any HUNGUEST HOTELS establishment, we will credit 10% of the paid amount in the form of points according to the invoice (commissioned services and tourism tax are not the basis for point accrual). You can use these points towards a subsequent reservation according to the terms of use. For more details, please inquire at the reception.

**Tourist tax** 500 HUF/person/night – over 18 years

**Smoking only in designated areas**

# Hunguest Saliris

Hunguest Saliris opened its exclusive Spa, Health, and Thermal Bath in Egerszalók in the summer of 2007. The hotel welcoming guests since May 2010. Spanning 1900 square meters of water surface, the facility houses a total of 17 indoor and outdoor pools—thermal sitting pools, whirlpools, adventure pools, children's pools, echo Kneipp pools, and scented pools—ensuring enjoyable experiences for both older and younger visitors. World-class medical, wellness, and fitness services are available for those seeking recovery and relaxation.

Nestled in a beautiful and unique natural environment within the valley of the Laskó Stream, Hunguest Saliris is located 6 kilometers away from Eger. Certain places on Earth exhibit a higher vibrational frequency and cleaner energy than average. Hungary hosts several such healing energy areas where individuals feel rejuvenated, energetic, and experience a reduction in physical discomfort. Egerszalók is among the most renowned places in Hungary known for its healing and positively vibrating energies.

The term „Saliris” is a complex, imaginative word, meaning „salt rainbow.” It refers to the salt hill, a symbol of Egerszalók, as well as the diversity offered by the hotel. A pivotal aspect of the hotel's mission is to ensure that guests, rich with experiences and positively charged, contemplate their return while reminiscing about their visit.

## **The complex comprises three distinct sections:**

- Spa, Health, and Thermal Bath
- Hotel
- Beach

# Room information

The hotel offers 204 rooms, consisting of 99 standard rooms (including 40 that can be connected), 3 easily accessible rooms, 56 superior rooms, 34 superior plus rooms, 11 suites, and 1 luxury suite. Each room includes a balcony and comes equipped with a flat-screen TV providing access to numerous channels, a telephone, wireless internet connection, minibar, safe, and air conditioning/heating. The entire hotel and bath are fully accessible for individuals with disabilities.

## Standard

Located on the first and second floors, these rooms do not offer panoramic views.

## Superior

Starting from the third floor upwards, these rooms feature panoramic views.

## Superior plus

Situated from the fourth floor upwards, these rooms overlook the salt hill and offer panoramic views. Each room comfortably accommodates two adults (twin beds sized at 90 × 200 cm) and can accommodate one extra bed upon request. All twin rooms come with a shower cabin bathroom and cover an area of 25 square meters with a 4-square-meter terrace.

## Family Room

There are 20 family rooms available, consisting of two connectable standard rooms. They are exclusively located on the first and second floors and can accommodate 2 adults and 2 children (aged 4–12).

## Suite

The 11 suites consist of two-space rooms, featuring a living room and a bedroom along with a bathroom equipped with a bathtub, shower, and a separate toilet. Their size ranges between 36 and 39 square meters. The living room includes a pull-out sofa bed measuring 160 × 200 cm.

## Luxury Suite

This three-space suite includes a bedroom, a living room with a bar, and a private Spa area with a TV, exclusive jacuzzi, and infrared sauna. There's a pull-out sofa bed (160 × 200 cm) available, and upon request and for an additional fee, it can be connected to a double connecting standard room.

## Restaurant

The Ruidera restaurant, divided into three sections, is located on the sixth floor with a capacity to accommodate nearly three hundred guests simultaneously. This makes it suitable for conducting different dining experiences concurrently. The restaurant's terraces offer excellent opportunities for lunch or dinner, as well as enjoying an aperitif or a glass of wine.

## Events / Conferences

On the seventh floor of the hotel, there are 6 separate rooms (located on the same level). Our rooms, equipped with excellent technical facilities, are suitable for conferences, training sessions, events, and team-building exercises, meeting all requirements. They are naturally lit, with large windows and beautiful views, and most have their own terrace, providing an option for coffee breaks when the weather is pleasant.

You can download a catalog of our conference rooms here: [https://www.hunguesthotels.hu/hu/hotel/egerszalok/hunguest\\_saliris/rendezvenyek/konferenciatermek\\_adatai/](https://www.hunguesthotels.hu/hu/hotel/egerszalok/hunguest_saliris/rendezvenyek/konferenciatermek_adatai/)

# Wellness Complex and Thermal Water

The pool areas are located on the first floor, accessible through a closed glass corridor, and passage is allowed only in swimwear and slippers.

The bath consists of 50% indoor and 50% outdoor pools. Passing through the corridor leads to the wellness reception. Following this, you'll find the bath's restaurant and café. Moving down the stairs, relaxation terraces are designed on both sides. On the right from the stairs are the wellness pools and the children's pool, while on the left, you'll find the therapeutic pools.

## Thermal Water

The mineral-rich thermal water, at a temperature of 65–68°C, continuously forms impressive lace-like white formations, shaping the limestone hill known as Salt Hill. This sodium-containing, calcium-magnesium hydrogen carbonate thermal water, with significant metacolic acid content, ranks among the best in the category of sulfuric medicinal waters. Over the years, the limestone hill has become a symbol and trademark of the area. Similar natural formations can be found only in two other places in the world: Pamukkale in the Asian part of Turkey and Yellowstone National Park in the United States.

The first well was drilled in 1961, after the exploration for oil and gas, and the second in 1987. The wells were consecrated in the fall of 2010 and received the names Mary and Wendel. The Miraculous Mary icon is located in the Catholic church of Egerszalók, while Saint Wendel is the patron saint of the springs and wells.

## Sauna World

The bath's exclusive Sauna World offers a unique experience for sauna enthusiasts, with sections for clothed and unclothed sauna use. Guests can use the indoor saunas, plunge pool, two bucket showers, showers, and whirlpool even while wearing swimwear.

For the first time in Hungary, sauna houses made of log wood have been set up in the external area of the Sauna World, accompanied by a plunge pool, showers, and nudist sunbathing areas. The log houses can be used without swimwear.

Several sauna sessions, guided by awarded sauna masters, take place daily in the log houses. More information about these sessions can be obtained at the bath's information desk and on the information board at the entrance of the Sauna World.

## **Nostalgia Beach**

Many fondly remember the ,70s and ,80s when they enjoyed the refreshing effects of the Egerszalók thermal water in a wild and untamed setting. Adjacent to the expansive parking area, the Nostalgia Beach has three pools with water temperatures ranging from 36–37°C, 37–38°C, and 38–39°C. The Nostalgia Beach requires a separate entrance fee, and direct access is not provided for hotel guests.

## **Other Service**

### **Travertino Bar**

Located on the top floor, the Travertino Bar offers a beautiful view of Kékes. The spacious hall with its exceptional interior design serves as an excellent meeting point. All complemented by our selection of sophisticated food and beverages. Please adhere to the dress code in the bar area. Kindly note that cash payments are not accepted at the bar.

### **Bath Restaurant**

Sunday to Thursday: 11:30 AM – 4:30 PM

Friday, Saturday, and holidays: 11:30 AM – 5:30 PM

The bath's restaurant is available year-round, offering traditional Hungarian and international dishes as well as options for healthier dining.

### **Café**

After the staircase inside the bath, it's located on the right.

Monday to Friday: Closed

Saturday and Sunday: 10:00 AM – 4:00 PM

The bath's café offers delightful pastries, cream desserts, „ready to drink” beverages, and specialty coffees.

### **Sauna Bar**

Located directly before the entrance to the Sauna World.

Monday to Friday: 10:00 AM – 7:00 PM

Saturday and Sunday: 11:00 AM – 7:00 PM

The sauna bar offers refreshments, cocktails, and draft beer, situated right next to the entrance of the Sauna World.

### **Spritzer Terrace and Pancake Ice Cream Bar**

Spritzer Terrace and Pancake Ice Cream Bar. Seasonally open within the bath premises.



### **Kids' area – Hotel**

Every day from 08:00 to 22:00

Located within the hotel on the first floor, our playroom is recommended for children aged 0–6.

### **Kids' area – Bath**

On the relaxation corridor of the 1st floor in the bath.

Every day from 08:00 to 22:00

Recommended for children aged 0–6.

### **Board Games**

Chess and cards are available upon request at the hotel reception.

### **Playground**

Descending on the road leading to the hotel, you'll find the playground. It features a sandbox, climbing frame, swings, and many other games for children.

### **Chill Park**

Adjacent to the sauna bar within the bath area, beneath the salt hill, you'll find a tranquil green area for relaxation.

### **Bird House**

Located at the intersection near the decorative pond along the road leading to the hotel.

### **Running Track, Chill Park, Decorative Pond, and Playground**

These can be found within the triangle area formed by the bath parking lot, birdhouse, and the hotel's free parking lot.

## **Hotel services from A to Z:**

### **Accessibility**

Our hotel has 3 rooms designed for guests with reduced mobility. Both the hotel and the bath are wheelchair accessible.

### **Adapter**

At the hotel reception, you can request various international adapters, plugs, and standardized converters free of charge.

### **Animation Programs**

You can inquire about our current programs at the hotel reception.

## **ATM**

There's no ATM available in our hotel. The nearest cash dispenser in Egerszalók can be found in the town center.

## **Bank and Credit Cards**

We accept cash payments as well as card payments in our hotel. Accepted bank and credit cards include Maestro, MasterCard, Visa Electron, American Express, as well as SZÉP cards from OTP, MBH, K&H.

## **Bathrobe**

A bathrobe is provided in every room for our guests. If you require a specific-sized bathrobe, please contact reception!

## **Bed Linen Change**

Full bed linen change in the rooms occurs every three days, but it can be arranged daily upon request.

## **Bed Protector**

Upon request, we provide washable bed protectors. Please contact the reception for this service!

## **Bicycle Rental**

Bicycles are available for seasonal rental at our hotel. For rental-related information, please inquire at the reception.

## **Breakfast in the Room**

Start your day with a hearty breakfast between 07:00 and 10:00, choosing from the buffet at Ruidera restaurant! If you wish to have your breakfast in your room, please fill out the room service breakfast form and hang it on the door handle by midnight the previous evening!

A service charge of 1000 HUF will be applied for breakfast room service.

## **Child-Friendly Amenities**

For the comfort and safety of parents with children and our youngest guests, we provide the following items free of charge: crib, baby bathtub, children's bedding, potty, toilet seat for children, non-slip mats for shower and bathtub (suitable for adults too). These items are available in limited quantities. Please contact reception if needed!

## **Check-out**

The check-out time is at 11 AM. Access to the wellness area is available until this time. Late check-out is possible in our hotel, subject to room availability, for an additional fee. The guests can access the Thermal Spa (excluding the Sauna World) and the fitness center for a fee. To inquire about availability, please contact the reception!

### **Chair for the Bathroom**

Available upon request through the reception, housekeeping will prepare it in the room.

### **Coffee and Tea Setup, Electric Kettle**

Rooms are equipped with instant coffee and tea bags, provided for complimentary consumption. Please use the electric kettle only for boiling water!

### **Complaint Management**

If you have any complaints, feel free to contact the hotel reception; our colleagues are ready to assist you.

### **Copying and Printing**

If you wish to use copying or printing services, please contact the reception with your request!

### **Dietary Needs**

Allergens are marked alongside the dishes to assist with choices. Please inform us in advance if you have specific dietary requirements!

### **Do Not Disturb**

If you prefer not to be disturbed, please hang the „Do Not Disturb“ sign outside the door handle!

### **Dress Code – Attire**

Please dress appropriately for the time of day and occasion when visiting our restaurant and drink bar! We kindly ask you to refrain from wearing casual clothes, bathrobes, and slippers!

### **Dry Cleaning**

At an additional cost, you can have clothes dry cleaned. If you drop off your clothes by 09:00, we guarantee they will be cleaned within 24 hours.

### **Emergency Contacts**

Ambulance 104 Police 107 Fire Brigade 105 General Emergency 112

### **Environmental Consciousness**

In support of an environmentally conscious lifestyle, we kindly ask you to consider the following:

- Reuse bathroom textiles when possible.
- Conserve water and maintain room cleanliness.
- Use electricity sparingly.

### **Escape Route**

In the event of a fire, please follow the escape route located next to the room door and the instructions of our staff. In case of a fire, you will hear the sound of the central siren.

## **Event Organization**

Our hotel aims to assist in organizing corporate events, conferences, training sessions, weddings, ensuring a smooth planning process. For any queries or requests, the necessary information can be found on our website, and we are available via phone (+36 36 688 604) or email (sales@saliris.hunguesthotels.hu).

## **Excursions**

For information on excursions and current cultural programs, please contact the reception! They can provide maps upon request.

## **Extra Bed**

In double rooms, upon request, one extra bed can be added, subject to limited availability. Please contact the reception if needed.

## **Extra Bedding**

Upon request, we can provide additional blankets, duvets, and pillows (in various sizes and types) for our dear guests. Please contact reception if you require this service!

## **Extra Blanket**

An additional blanket is available in the room's closet.

## **First Aid**

There is a medical service available in the bath area every day from 9:00 AM to 10:00 PM. If you require medical assistance, please call reception!

## **Fitness Room**

The complimentary fitness room is located on the first-floor corridor, opposite the wellness reception. Opening hours: 8:00 AM to 10:00 PM.

## **Fire Safety Information**

Smoking is prohibited in the rooms; storing or performing activities with flammable liquids is not allowed. Only use impeccable electrical appliances, properly installed plugs, and outlets. In case of emergency, follow the hotel staff's instructions. The escape plan is located on the room door.

## **General Terms and Conditions**

You can view our hotel's general terms and conditions on the website through the following link: [https://www.hunguesthotels.hu/hu/hunguest\\_hotels\\_altanos\\_szerzodesi\\_feltetelek/](https://www.hunguesthotels.hu/hu/hunguest_hotels_altanos_szerzodesi_feltetelek/)

### **Gift Card**

HUNGUEST HOTELS Gift Card: With these gift cards, the recipient can choose from our nationwide network of spa, wellness, and resort hotels where they would like to spend their leisure time. Gift cards are available in denominations of 20,000, 50,000, 100,000, and 250,000 Hungarian forints. You can purchase the cards on the Hunguest Hotels website: <https://www.hunguesthotels.hu/hu/webshop/>

### **Gift Shop**

Guests have the opportunity to purchase gifts at the souvenir shop on the seventh floor and at the gift shop within the bath area.

### **Hairdryer**

A built-in hairdryer is available in the bathroom for our guests.

### **House Tours**

Upon request, we gladly welcome interested parties for a tour showcasing our hotel. For details, please call the reception!

### **Housekeeping**

Daily room cleaning occurs between 08:00 and 16:00. If you prefer cleaning at a different time, please inform the reception! Bedding is changed every three days, and upon request, guests can receive fresh bedding daily.

### **Internet**

Free Wi-Fi is available in the hotel's public areas and rooms. Access is provided with the password provided at the hotel reception, verified with documentation.

### **Internet Devices**

Devices are available upon request at the reception and can be placed in the room.

### **Ironing**

Our hotel provides ironing services, and you can find the price list in the laundry bag placed in the closet. If you submit clothes for ironing by 09:00, we guarantee they will be ironed within 24 hours. Additionally, there is an ironing room in the hotel; you can request the key at the reception.

### **Jeges Marci**

Hunguest Saliris' mascot, the polar bear plush figure, is available for purchase at the reception for a fee.

### **Kids' area**

Our hotel's kids' area is located on the first floor.

## **Laundry Service**

We provide a laundry service for our guests for a fee. If you wish to use this service, please place your clothes for washing in the laundry bag provided in the wardrobe and coordinate your request with the housekeeper. If you submit your clothes for laundry by 9:00 AM, we guarantee their cleaning by 8:00 PM on the same day (except for weekends, where if submitted by 9:00 AM, we guarantee cleaning within 24 hours).

## **Lift Usage**

Children under eight years old should not use the lift without supervision! Only operate the emergency button in case of danger! If the cabin isn't aligned correctly, please notify the reception immediately or press the emergency button!

## **Lost and Found Items**

We keep forgotten items in our hotel for six months and can mail them upon request. Please contact the reception for assistance!

## **Luggage Room**

For our guests, a complimentary luggage room is available on the seventh floor opposite the reception.

## **Luggage Service**

We aim to facilitate the arrival and departure of our guests with our luggage service, provided by attentive and courteous porters. Please call reception if you require this service!

## **Medication**

The hotel does not supply pharmaceutical products. Only bandages, adhesive plasters, and digital thermometers can be requested at reception.

## **Minibar**

Each room is equipped with a stocked minibar. Please settle the minibar bill at the reception upon departure.

## **Parking Options for hotel guests:**

- Designated parking near the hotel entrance, camera-monitored but unguarded, available for an extra fee.
- An unguarded garage with 83 spaces, monitored by cameras, available at an additional cost. Unguarded, free parking along the road leading.

## **Pillows**

Various sizes and types of pillows can be provided upon request at the reception.

## **Personal and Secure Printing**

Guests have access to a computer with a secure internet connection and printing on the VII. floor in the Business Corner (located on the right side of the Banquet corridor). The reception is available for any questions.

## **Radio Service**

Access the radio service through the television menu in the hotel rooms.

## **Pillow Menu**

Upon request through the reception, housekeeping will prepare the selected pillow from the following menu (feather, sponge, polyester, microfiber, batting, microfiber).

- Round pillow with microfiber filling (soft) 25 cm in diameter, 70 cm wide
- Lumbar support pillow with sponge filling (firm) 30 cm x 50 cm
- Half pillow with polyester filling (semi-firm flat) 55 cm x 70 cm
- Pillow with batting filling (firm) 40 cm x 60 cm
- Pillow with microfiber filling (soft) 40 cm x 60 cm
- Small feather pillow 40 cm x 60 cm
- Memory foam anatomical pillow (firm) 30 cm x 47 cm x 9 cm
- Memory foam small pillow (firm) 24 cm x 42 cm x 12 cm
- Memory foam pillow (soft) 40 cm x 60 cm

## **Reception Desk**

Our hotel offers a 24-hour reception on the seventh floor.

## **Recreational Facilities**

Fitness center, running track.

## **Religious Services**

Worship services are held at the church located in the center of Egerszalók.

## **Room Key Card, Chip Card for Spa Access**

Upon arrival, guests receive a magnetic key card for room access and a chip card for spa access.

## **Room Reservation**

Information regarding room reservations is available through our reception or website.

## **Room Service**

Available between 07:00 and 23:00 for meals and beverages.

## **Safety**

For your safety, always lock your room door when sleeping or leaving the room.

## **Saliris**

Saliris refers to the symbolic salt hill of Egerszalók and the diversity the hotel offers.

## **Sauna Usage**

For information on accessing the Sauna World, please inquire at the reception.

### **Sauna Usage in the Room**

For It is recommended to take a shower before using the sauna to remove any impurities from your skin. Please use the provided sauna towel on the sauna bench! Stay in the sauna only as long as it feels comfortable. The recommended time is 4–15 minutes.

- After using the sauna, cool down your body with a refreshing shower!
- It is advisable to rest for 30 minutes before using the sauna again.
- The use of the sauna is not recommended for children under 12 years of age!
- Drinking plenty of water after sauna use has beneficial effects.
- The use of the sauna is strictly PROHIBITED for individuals with cardiovascular disease!
- The use of the sauna is strictly PROHIBITED immediately after eating or when intoxicated!

The maximum number of adults allowed in the sauna at one time is 3 persons.

Sauna temperature: 0–70°C.

Sauna usage time: 0–60 minutes.

Please adhere to the rules stated above!

Using the sauna is both a relaxation and rejuvenation experience, which helps maintain our health. It has beneficial effects on the body, mind, and soul. It helps eliminate toxins, strengthens the immune system, and has a regenerating effect on the blood vessels.

## **Safekeeping of Valuables**

The hotel takes responsibility only for items placed in the central safe located behind the reception.

## **Secure Internet Connection**

Free Wi-Fi is available in the hotel's public areas and rooms. Access is provided with the password provided at the hotel reception, verified with documentation.

## **Shoe Cleaning Service**

In every room, a shoe horn and shoe cleaning wipe are provided. A shoe cleaning machine is located in the lobby corridor on the VII. floor.

## **Slippers**

Slippers are provided for guests at an additional charge.

## **Smoking**

Our entire hotel premises are non-smoking, with designated areas for smoking.

## **Table Reservation**

Advance table reservations for dinner and breakfast are not guaranteed.



### **Technical Issues**

Notify the reception desk for any observations or technical issues.

### **Telecharger**

Various types of phone chargers are available at the hotel reception.

### **Telephone**

The automated telephone system allows direct dialing to hotel services.

### **Temperature Control**

The centrally controlled temperature can be adjusted using the wall-mounted regulator.

### **Thermal SPA**

Offering 17 indoor and outdoor pools, whirlpools, a slide, and a children's pool.

### **Toothbrush and Toothpaste**

Available for guests for a fee.

### **Tour Guide**

If you require tour guide services, please contact the reception.

### **Towel Usage**

Room amenities include towels for in-room and wellness usage.

### **Travertino bar**

Located on the top floor, offering a selection of cocktails, coffee, snacks, and pastries.

### **Transfer or Taxi Service**

For discounted taxi bookings or transfers, please contact the reception.

### **Umbrella**

Available upon request at the reception.

### **Visitor**

If you're expecting a visitor, please inform the reception.

### **Wake-Up Call**

For a wake-up call, please contact the reception.

### **Wellness Reception**

Scheduling appointments for massages and treatments is available at the wellness reception.

### **Wellness Treatments – Check-in**

For various treatments and wellness services, contact the wellness reception.

For our wellness treatments, click on the following link: [https://www.hunguesthotels.hu/media/File/Saliris/wellness\\_kezelesek\\_2022.pdf](https://www.hunguesthotels.hu/media/File/Saliris/wellness_kezelesek_2022.pdf)

# Activities:

## Egerszalók:

Egerszalók is a small village with around 2000 inhabitants situated between the Mátra and Bükk mountains, in the valley of the Laskó stream. With its natural formations, exquisite wines, waters, and stone monuments, it fits into the Stone Tour route of the Egri Kistérség. The village's charm lies in the natural beauty of its surroundings. Its true attraction is the 27,000-year-old thermal spring rising from deep within the earth. The water flowing down the hillside formed a 1900 square meter limestone deposit – the salt hill. Within the village's borders, you'll find shrine stones, which are likely remnants of rhyolitic tuff, strengthened by volcanic after-effects due to the influence of warm, acidic waters. These shrine stones are hollowed out into the rhyolitic tuff block, resembling huts with stone beds and shelves.

## Egerszalók: Tourist Information Office and Landscape Room

In the Valley of Healing Waters, Egerszalók hosts the Tourist Information Office, aiding tourists' orientation and serving as an exhibition space and venue for numerous events.

## Egerszalók Cricket Bus

With the Cricket Bus, you can easily tour the village's attractions and get acquainted with local sights. All this while sitting on an electric minibus, combined with guided tours accompanied by music. Only available seasonally. The ride takes about 45 minutes, with the final stop at the Cave Apartments (end of Sáfrány Street). For information about the service, inquire at the Egerszalók Tourist Office.

## Egerszalók Cave Apartments and Sáfránykert

Explore the renovated Cave Apartments, take a look around, recognize old furniture, tools, and take part in a time travel experience with the help of a 3D cinema! The Cave Apartments provide a pleasant setting for evening performances, concerts, and serve as an excellent venue for wine tastings. In 2017, the Cave Apartments expanded, and the Sáfránykert was established. The Sáfránykert boasts various features: time machine / 3D cinema, garden showcases, oven demonstrations, a fairy tale cave, yurt camp, and an outdoor stage.

## Egerszalók: Bandit Hideaway Beehive Stone

The beehive stones represent one of Bükkalja's main tourist attractions, primarily due to their unique formation and their mysterious use throughout history. Riolite tuff, formed around 10 to 20 million years ago during volcanic eruptions, was hardened by hot, acidic solutions, which made certain areas tougher, resulting in the formation of these so-called tuff cones.

Wishing you a pleasant time at Hunguest Saliris! For any requests or questions, feel free to approach our staff!

**SZOBASZERVIZ**  
*Room Service*



**hunguest**

SALIRIS

★★★★



**CÉZÁR SALÁTA** 2 650,-

*Caprese salad*

1 3 4 6 7 10 11

**TÜZES SZARVASGULYÁS** 1 850,-

*Hot venison goulash*

3 9

**HÁZI MARHABURGER** 5 550,-

fűszeres ketchup mártással és sült édesburgonyával  
*Homemade beef burger with spicy ketchup sauce and roasted sweet potatoes*

1 3 7

**PANKÓ MORZSÁBAN SÜLT SERTÉSSZŪZ** 4 550,-

petrezselymes burgonyával és házi uborkasalátával  
*Pork tenderloin in panko crumbs with parsley potatoes and homemade cucumber salad*

1 3

**CSIRKEMELL STEAK** cheddar sajtmártással, 5 150,-

burgonyakrokettel és pisztáciás brokkolival  
*Chicken breast steak with cheddar cheese sauce, potato croquettes and broccoli with pistachios*

1 2 3 7 8

**ROSTON SÜLT LAZACFILÉ** 6 650,-

grillezett zöldségekkel hollandi mártással és jázmin rizzsel  
*Grilled salmon fillet with grilled vegetables, hollandaise sauce and jasmine rice*

3 4 7 10 14

**CSOKOLÁDÉS BROWNIE** 1 650,-

vanília fagyalattal, csokoládé mártással  
*Chocolate brownie with vanilla ice cream and chocolate sauce*

1 3 5 7 12 13



## ALLERGÉNEK-ALLERGENS

### Kedves Vendégeink!

Szállodánk számára fontos, hogy az ételallergiában érintett vendégeink el tudják dönteni, az általunk kínált élelmiszerek mindegyike beilleszthető-e a napi étrendjükbe, vagy sem. Ebben szeretnénk segítséget nyújtani Önöknek. A piktogramok és az allergén összetevőket jelölő számok jelentését az alábbi táblázat ismerteti.

Dear Guests,

*It is important for us to enable our guests having food allergy to decide whether the items of our menu suit their daily diet or not. We would like to help you in that. On our menus, we indicate if a given food item contains or might contain allergens. The following table presents the meaning of the different pictograms and numbers indicating allergenic ingredients:*

- 1 GLUTÉNT TARTALMAZÓ GABONAFÉLÉK  
*Cereals containing gluten*
- 2 RÁKFÉLÉK · *Crustaceans*
- 3 TOJÁS · *Eggs*
- 4 HALAK · *Fish*
- 5 FÖLDIMOGYORÓ · *Peanuts*
- 6 SZÓJABAB · *Soybeans*
- 7 TEJ · *Milk*
- 8 DIÓFÉLÉK · *Nuts*
- 9 ZELLER · *Celery*
- 10 MUSTÁR · *Mustard*
- 11 SZEZÁMMAG · *Sesame seeds*
- 12 KÉN-DIOXID ÉS SZULFITOK  
*Sulphur dioxide and sulphites*
- 13 CSILLAGFÜRT · *Lupin*
- 14 PUHATESTŰEK · *Molluscs*



**GLUTÉNMENTES**  
*Gluten free*



**LAKTÓZMENTES**  
*Lactose free*



**VEGETÁRIÁNUS**  
*Vegetarian*

Érvényes: 2023.04.04-től. • Valid from 04.04.2023. • Anmeldung am 04.04.2023.

Az áraink magyar forintban értendők és 5% Áfa-t tartalmaznak. • Áraink tartalmazzák a 10% felszolgálati díjat.  
Our prices are given in Forint (HUF) and include VAT 5% • Our prices include 10% service fee.

Unsere Preise sind in Forint (HUF) inkl. MwSt. 5% zu verstehen. • Unsere Preise beinhalten Aufschlag von 10% für die Bedienung

SÓREGI ATTILA, F&B IGAZGATÓ / MANAGER



## KEDVES VENDÉGÜNK!

Indítsa napját egy bőséges reggelivel 07:00 és 10:00 között a Ruidera étterem büféasztalának kínálatából válogatva!

Amennyiben a szobájában szeretné reggelijét elfogyasztani, kérjük, töltsse ki a szoba reggeli nyomtatványát és előző este éjfélig hozza fel a recepcióra kérését!  
Köszönjük!

Szobaszám:	Vendégek száma:
Dátum:	Óra, perc:

### KÉREM, VÁLASSZON REGGELI KÍNÁLATUNKBÓL:

- |  |   |
|--|---|
| <input type="checkbox"/> Péksütemények   | <input type="checkbox"/> Főtt tojás                               |
| <input type="checkbox"/> Vaj, margarin   | <input type="checkbox"/> Omlett <input type="checkbox"/> sonkával |
| <input type="checkbox"/> Lekvár          | <input type="checkbox"/> Friss zöldségek                          |
| <input type="checkbox"/> Méz             | <input type="checkbox"/> Szezonális gyümölcsök                    |
| <input type="checkbox"/> Natúrjoghurt    | <input type="checkbox"/> Feketekávé                               |
| <input type="checkbox"/> Gyümölcsjoghurt | <input type="checkbox"/> Kakaó                                    |
| <input type="checkbox"/> Kukoricapehely  | <input type="checkbox"/> Hideg tej                                |
| <input type="checkbox"/> Müzli           | <input type="checkbox"/> Meleg tej                                |
| <input type="checkbox"/> Főtt virsli     | <input type="checkbox"/> Fekete tea – gyümölcstea                 |
| <input type="checkbox"/> Felvágott tál   | <input type="checkbox"/> Narancslé                                |
| <input type="checkbox"/> Sajttál         | <input type="checkbox"/> Almalé                                   |

Név: \_\_\_\_\_ Aláírás: \_\_\_\_\_

A reggeli szobaszerviz igénybevétele esetén  
1000 Ft felszolgálati díjat számolunk fel.

A szálloda tölti ki! Név: \_\_\_\_\_

Szobaszám: \_\_\_\_\_ Vendégek száma: \_\_\_\_\_ Dátum: \_\_\_\_\_



## DEAR GUEST,

To give a pleasant start of your day, we propose our buffet breakfast from 07:00 to 10:00 in the Ruidera Restaurant.

If you prefer to have breakfast in your room, please fill in your order and bring it to the reception before midnight! Thank you!

Room number:	Number of persons:
Date:	Hour, minute:

### PLEASE CHOOSE FROM OUR BREAKFAST SELECTION:

- |   |  |
|---|--|
| <input type="checkbox"/> Bakery selection       | <input type="checkbox"/> Boiled eggs                                   |
| <input type="checkbox"/> Butter                 | <input type="checkbox"/> Omelette <input type="checkbox"/> or with ham |
| <input type="checkbox"/> Jam                    | <input type="checkbox"/> Fresh vegetables                              |
| <input type="checkbox"/> Honey                  | <input type="checkbox"/> Seasonal fresh fruits                         |
| <input type="checkbox"/> Nature yoghurt         | <input type="checkbox"/> Black coffee                                  |
| <input type="checkbox"/> Fruit yoghurt          | <input type="checkbox"/> Cocoa   |
| <input type="checkbox"/> Corn flakes            | <input type="checkbox"/> Cold milk                                     |
| <input type="checkbox"/> Muesli                 | <input type="checkbox"/> Warm milk                                     |
| <input type="checkbox"/> Hot sausage            | <input type="checkbox"/> Black tea – Fruits tea                        |
| <input type="checkbox"/> Selection of cold cuts | <input type="checkbox"/> Orange juice                                  |
| <input type="checkbox"/> Cheese selection       | <input type="checkbox"/> Apple juice                                   |

Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Service charge: 1000 HUF that will be added to your account.

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Hotel fill out! Name: \_\_\_\_\_

Room number: \_\_\_\_\_ Number of persons: \_\_\_\_\_ Date: \_\_\_\_\_